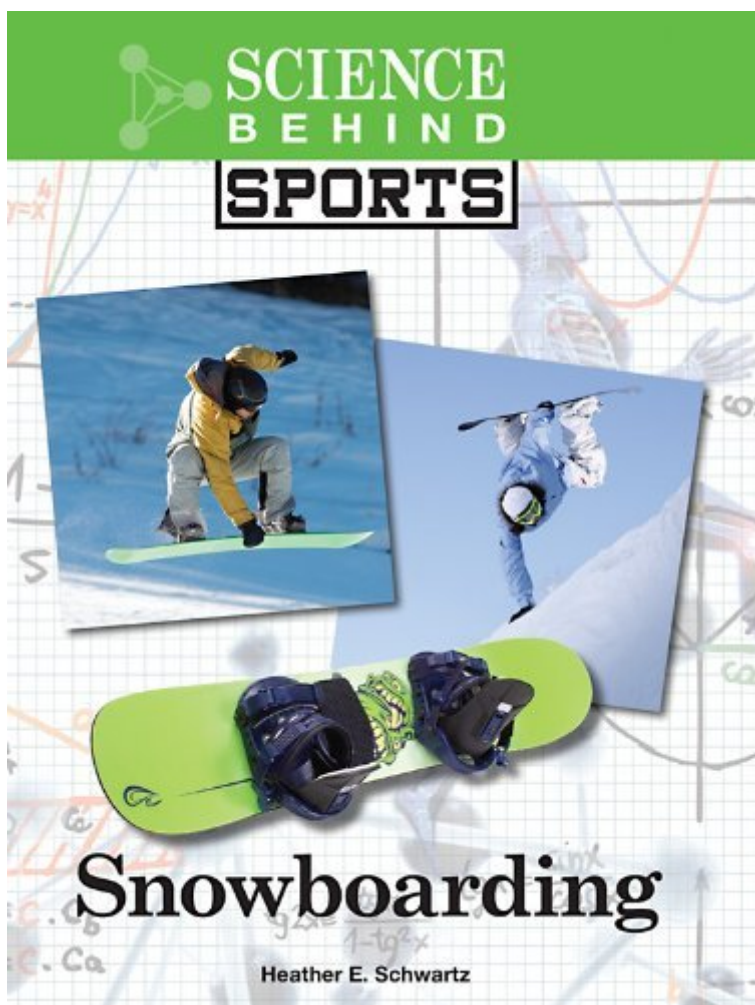


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Snowboarding (Science Behind Sports)



Synopsis

Books in this series explore the scientific principles behind some of the most popular team and individual sports; basic physical science concepts are explained in an engaging and accessible manner.; ; Each volume in the series focuses on one sport and opens with a brief look at the featured sport's origins, history and changes to rules, equipment, or techniques. Subsequent chapters cover the biomechanics and physiology of playing, related health and medical concerns, and the causes and treatment of sports-related injuries. The full-color text is augmented by fact boxes, sidebars, photos, and detailed diagrams, charts and graphs. In addition, a subject-specific glossary, bibliography and index provide further tools for researching the sports and concepts discussed throughout the volume.

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